



*Newly renovated modern facility*

### **How can I be admitted to the Laurels?**

You can seek admission to the Laurels by calling 276-889-3063 and completing a Laurels Pre-Admit over the phone to determine if our services are right for you.

- Nursing services are provided 24 hours a day
- We have Licensed Counselors, Qualified Mental Health Professionals and Certified Substance Abuse Counselors available 7 days a week
- Certified Peer Recovery Specialists are a part of our treatment team
- Nurse Practitioners, a Medical Doctor, and a Psychiatrist, Board Certified in Addiction Medicine, are on our team

## **What is the Laurels Recovery Center?**

### **About Us**

The Laurels is a 16 bed residential treatment facility located in the heart of Southwest Virginia providing services to individuals with mental health and/or substance use disorders.

### **Contact Us**

Phone: 276-889-3063

Email: [LaurelsInfo@cmcsb.com](mailto:LaurelsInfo@cmcsb.com)

Web: [www.cmcsb.com](http://www.cmcsb.com)



**THE LAURELS  
RECOVERY CENTER**  
216 Gilmer Street  
Lebanon, VA 24266



# **THE LAURELS RECOVERY CENTER**

*Cumberland Mountain  
Community Services Board*



*Bright and Relaxing Living Room*

## A typical day at the Laurels . . .

### What can I expect each day?

- A healthy, home-cooked breakfast, lunch and dinner
- A discussion with my providers about medications, my physical health, and my treatment goals
- A one-on-one session with my counselor
- Several group therapy sessions to work on my plan for recovery and wellness

### The Laurels provides the following:

- 3 meals and one snack per day
- All linens
- All personal hygiene products
- A phone to contact family and friends

*Recovery is Possible!*

*Admissions are accepted 24 hours a day, 365 days a year*

### What do I need to bring?

- Photo ID and insurance card
- 3-4 changes of casual clothes
- sleepwear
- A sweatshirt or lightweight jacket
- Comfortable shoes
- Medications in clearly labeled prescription bottles



*The path to recovery: begin your journey with us today!*

The Laurels Recovery Center's philosophy is that **ALL** individuals with substance use, mental health, or co-occurring disorders have the ability to recover and go on to lead healthy, productive and fulfilling lives.

### **Medically Monitored Intensive Inpatient Services, Clinically Managed High-Intensity Residential Services, and Residential Crisis Stabilization Services**

- Residential detox
- Individual and group therapy
- Case management services
- History and physical
- Psychiatric evaluation
- Medication management
- Discharge planning

